

"Your Sleep Disorders Specialists"



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ORDER FOR SLEEP TESTING

Patient Name: \_\_\_\_\_ SSN: \_\_\_\_\_ DOB: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_  
Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
Male  Female  Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Notes: \_\_\_\_\_  
Primary Insurance: \_\_\_\_\_ ID: \_\_\_\_\_ Group: \_\_\_\_\_  
Secondary Insurance: \_\_\_\_\_ ID: \_\_\_\_\_ Group: \_\_\_\_\_

My patient has the following symptom(s):

\_\_\_\_\_ Snoring \_\_\_\_\_ Nighttime Sweats \_\_\_\_\_ Apnea (witnessed by \_\_\_\_\_)  
\_\_\_\_\_ Morning Headaches  
\_\_\_\_\_ Hypertension \_\_\_\_\_ Frequent Awakenings \_\_\_\_\_ Excessive Daytime Sleepiness  
\_\_\_\_\_ Other: \_\_\_\_\_  
\_\_\_\_\_ Symptoms of Narcolepsy \_\_\_\_\_ Morning Headaches \_\_\_\_\_ Limb Movements  
\_\_\_\_\_ Obesity \_\_\_\_\_ Marked Insomnia \_\_\_\_\_ Other: \_\_\_\_\_

I would like to order the following service(s) for my patient:

\_\_\_\_\_ Complete Sleep Testing (Polysomnogram and CPAP or Bi-Pap Titration, if indicated)  
\_\_\_\_\_ Polysomnogram \_\_\_\_\_ CPAP/Bi-Pap Titration \_\_\_\_\_ Overnight Oximetry  
\_\_\_\_\_ MSLT (must be preceded by PSG) \_\_\_\_\_ MWT (must be preceded by PSG) \_\_\_\_\_ Bright-Light Therapy  
\_\_\_\_\_ Sleep Physician Consultation \_\_\_\_\_ PFT Basic  
\_\_\_\_\_ Equipment/Mask Consultation \_\_\_\_\_ Holter Monitor 48-Hour \_\_\_\_\_ 24-Hour \_\_\_\_\_

Please include a copy of your patient's most recent medical history and a copy of your patient's insurance card(s), if any.

If you feel you will need a sleep aide for testing please consult your ordering physician for an order for Lunesta or Ambien to bring to the scheduled apt.

LETTER OF MEDICAL NECESSITY

The symptom(s) checked above are consistent with the presence of a sleep disorder, which could possibly be life-threatening. These findings warrant the medical necessity of an overnight polysomnographic evaluation of this patient to assess the presence and severity of the sleep disorder.

Provider Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ UPIN: \_\_\_\_\_